

## CURRICULUM VITAE

### **MARK B. WEISBERG, PH.D., ABPP** CLINICAL HEALTH PSYCHOLOGIST

#### Office Address:

430 Oak Grove Street, Suite 407  
Minneapolis, MN 55403  
(612) 520-9159

#### **BOARD CERTIFICATION**

Board Certified in Clinical Health Psychology, American Board of Professional Psychology.  
Diplomate # 4549.

#### **REGISTRATION**

Listed, National Register of Health Service Providers in Psychology, Certificate # 42348.

Approved Consultant in Clinical Hypnosis, American Society of Clinical Hypnosis,  
Certificate # C9004.

#### **LICENSURE**

Licensed Psychologist (Minnesota, License # LP 1311)

#### **EDUCATION**

1. Ph.D.  
(Clinical Psychology) **University of Windsor**  
Windsor, Ontario, Canada  
December 1983  
  
Recipient, University of Windsor  
Postgraduate Scholarship
2. M.A.  
(Clinical Psychology) **University of Windsor**  
Windsor, Ontario, Canada  
May 1980
3. B.A. (cum laude)  
(Psychology) **Tulane University**  
New Orleans, Louisiana  
June 1976  
Honors: Phi Beta Kappa  
Tulane Scholar Award  
Who's Who in American  
Colleges and Universities

## **CURRENT EMPLOYMENT**

### **1. Medtronic Corporation Consultant, Fridley, Minnesota**

In the Cardiac Rhythm Management program, serving as a research consultant to aid in the direction of patient acceptance research for atrial defibrillation device therapy. This includes helping plan study designs, researching methodologies and providing guidance for data analysis and presentation; also includes developing patient screening measures.

### **2. Other Training and Consultation Services**

Providing educational and consultative services to hospitals, clinics, industry (clients include Methodist Hospital, Fairview University Medical Center, Minnesota Department of Transportation, Park Nicollet Medical Foundation, law firm of Hansen, Dordell, Bradt, Odlaug & Bradt). Public speaking engagements on local and national basis on topics pertaining to the interface between physiologic and mental health, psychophysiological disorders, psychoneuroimmunology, hypnosis, mind-body medicine, stress management, conflict resolution.

### **3. Independent Practice, Minneapolis, Minnesota**

Individual, group, marital, and family psychotherapy; psychological assessment; consultation and training services; supervision of interns and residents in a variety of settings; health psychology/behavioral medicine services. Forensic evaluation.

### **4. Minnesota Head and Neck Pain Clinic, Minneapolis, Minnesota (Co-owner of clinic)**

Screening, assessment and treatment planning for outpatients with a variety of acute and chronic pain syndromes. Behavioral medicine interventions including hypnosis, relaxation training, other psychophysiological intervention. Training staff in psychophysiological management techniques with pain patients. Program evaluation, outcomes research.

### **5 Consultation Liaison Services**

Provision of wide range of clinical health psychology services for patients, family, and staff at local Twin Cities hospitals.. Services include clinical intervention (assessment, evaluation and treatment) as well as training and program development.

### **6. Hospital Affiliations**

Professional Staff Privileges at:  
Fairview University Medical Center, Minneapolis, Minnesota

## **PREVIOUS EMPLOYMENT AND PROFESSIONAL EXPERIENCE**

1. **Consultant, Personnel Decisions, Inc., Minneapolis, Minnesota**  
March 1992 – May 1995

In the Leadership Development Program, working with business executives to integrate psychological assessment data, PDI staff observational data and input from the participant's colleagues to facilitate development of leadership effectiveness.

2. **Metropolitan Clinic of Counseling, Brooklyn Center, Minnesota**  
January 1985 – January 1987

Responsibilities included: (1) Supervision of psychotherapy staff; (2) Serving as liaison between senior management and clinical staff; (3) Assisting in coordination of psychological assessment services for the entire clinic; and (4) Provision of full range of psychotherapy and psychological assessment services.

3. **Behavioral Medicine Clinic, Abbott-Northwestern Hospital, Minneapolis, Minnesota**  
April 1984 – January 1985

Responsibilities included: (1) Outpatient psychotherapy for individuals, couples, groups and families; (2) Psychological assessment (personality, intellectual, and neuropsychological evaluation) of inpatients and outpatients; (3) Biofeedback and stress management; (4) Psychological consultation and liaison to medical units (e.g., Chronic Pain, Orthopedics, Cardiology) for evaluation and direct intervention; (5) Provision of clinical services in affiliated day hospital treatment program; and (6) Program development and evaluation.

4. **Mount Carmel Mercy Hospital Kidney Center, Detroit, Michigan**  
June 1982 – March 1984

Responsibilities included: (1) Inpatient and outpatient psychotherapy for patients and families; (2) Psychological assessment of dialysis and transplant patients and their families, evaluating suitability of living-related donors and recipients for transplants; (3) Evaluation of new dialysis patients and families in regard to psychological suitability for dialysis and/or transplantation; (4) Consultation with transplant surgeons, Kidney Center nephrologists, nurses, and social workers regarding patient management; (5) Individual and group support services for nurses and other staff; (6) In-service didactic training of physicians, nurses, and other staff, regarding patient management issues in chronic illness in the Kidney Center, as well as in other departments (Intensive Care Nursing, Pediatrics, Child Psychiatry); (7) Member of Mount Carmel Transplant Committee; (8) Conducting research on patient placement in various treatment modalities related to personality style and family functioning.

5. **Western Missouri Mental Health Center, Kansas City, Missouri**  
September 1980 – August 1981

Approved by the American Psychological Association (APA), this was a twelve-month pre-doctoral internship in a major metropolitan mental health center. Provided psychological services on multidisciplinary treatment team in Divisions of *Adult Psychiatry* (4 months), and *Child and Adolescent Psychiatry* (6 months). Responsibilities in working with psychotic and conduct disordered inpatients: individual, group, and family psychotherapy; patient management planning; intelligence, personality and neurological assessment; clinical court testimony. Concurrent responsibilities in outpatient clinic: Above-mentioned services, plus intake and screening. Responsibilities in the *Biofeedback Clinic* (2 months) were treatment planning and administration of relaxation and biofeedback training with patients having a wide variety of chronic pain problems. Consultation and teaching responsibilities: Teaching psychosomatic treatment and family therapy to staff and visiting medical students. Forty hours per week.

Supervisors: Drs. Christopher Penhallow and Albert Moses, Licensed Consulting Psychologists.

6. **Psychological Services Center, University of Windsor**  
September 1979 – May 1980

Individual family psychotherapy; consultant for men's and women's treatment groups. Eight hours per week.

Supervisors: Drs. G. Ron Frisch and Janet Leon, Licensed Consulting Psychologists.

7. **Windsor Western Hospital, Windsor, Ontario**  
September 1977 – May 1978

Responsibilities in Rehabilitation Unit: Brief psychotherapy, especially behavioral techniques such as systematic desensitization and directive parental counseling. Ten hours per week.

Supervisors: Drs. Patrick Ryan and Neil Holland, University of Windsor.

8. **University of Minnesota Health Sciences Center, Division of Health Care Psychology, Minneapolis, Minnesota (an APA approved setting)**  
June 1977 – September 1977

Responsibilities in Neuropsychology Lab and Adult Psychiatry Unit; neuropsychological, vocational, intelligence and personality assessment; intake evaluation. Forty hours per week.

Supervisors: Drs. Manfred Meier and John Brantner, University of Minnesota.

9. **St. Paul Ramsey Hospital, St. Paul, Minnesota**  
June 1977 – August 1977

Neuropsychological and personality assessment.

Supervisor: Dr. Manfred Meier, University of Minnesota.

## RESEARCH AND PEER-REVIEWED PUBLICATIONS

1. Weisberg, M.B. (2000). Chronic pelvic pain and hypnosis. In J. Green & L. Horynak (Eds.), *Healing From Within: The Use of Hypnosis In Women's Health Care* (pp. 119 – 138). Washington, D.C.: American Psychological Association Press.
2. Weisberg, M.B. & Clavel, A.L. (1999). Why is chronic pain so difficult to treat? Psychological considerations from simple to complex care. *Postgraduate Medicine*, 106, 6,209-220.
3. Weisberg, M. B., & Page, S. (1988). Millon Behavioral Health Inventory and perceived efficiency of home and hospital dialysis treatment. *Journal of Social and Clinical Psychology*, 6, 408–422.
4. Weisberg, M. B., & Page, S. (1988). Diagnostic issues and personality variables in coping with treatment for life threatening illness. In T. Miller (Ed.), *Chronic Pain: Clinical Issues in Health Care Management* (pp. 279–305). Madison, CT: International Universities Press.
5. Clavel, A.L., & Weisberg, M.B. (1997). Biopsychosocial perspectives on the management of temporomandibular disorders. In J. Hardin (Ed.), *Clark's Clinical Dentistry* (Vol. 2, pp. 1-10). New York: Mosby-Yearbook.
6. Page, S., & Weisberg, M. B. (1991). Marital and family characteristics of home and hospital dialysis patients. *Loss, Grief, and Care*, Vol. 5, 2, 33–40.
7. Weisberg, M. B. *Personality, Marital and Family Characteristics of Patient's Receiving Dialysis Treatment In-Center or at Home*. Doctoral dissertation, University of Windsor, 1983.
8. Weisberg, M. B. *The Effects of Musical Structure, Musical Training and Personal Constructs Upon Perception of Music*. Masters thesis, University of Windsor, 1980.

## SCIENTIFIC PRESENTATIONS

1. Weisberg, M.B. *Use of hypnosis for headache reduction, improved mood, and enhanced treatment compliance in traumatic brain injury: A case study*. Paper presented at the Annual Scientific Meeting and Workshops, American Society of Clinical Hypnosis. Fort Worth, Texas. March, 1998

2. Weisberg, M.B. *Hypnosis in the treatment of rheumatoid arthritis: Reduced inflammation, increased mobility, and improved management of negative affect.* Paper presented at the Annual Scientific Meeting and Workshops, American Society of Clinical Hypnosis. Fort Worth, Texas. March, 1998.
3. Weisberg, M. B. *Personality, Marital and Family Characteristics of Patients Receiving Dialysis Treatment In-Center or at Home.* Paper presented at Fourth National Conference on Continuous Ambulatory Peritoneal Dialysis, sponsored by the University of Missouri—Columbia School of Medicine. Kansas City, Missouri. February, 1984.
2. Weisberg, M. B., & Page, S. *Use of the Millon Behavioral Health Inventory in Predicting Adjustment to Chronic Dialysis Treatment.* Poster presented at the Ninety-third Annual Convention of the American Psychological Association. Los Angeles, California. August, 1985.

**PARTIAL LISTING OF LECTURES, CONTINUING EDUCATION WORKSHOPS AND CONSULTATION SERVICES OFFERED BY DR. WEISBERG**

- Stress Management In The Workplace.* US West Corporation Retreat, in Osceola, Wisconsin. June, 1994.
- How Emotions Affect Physical Health.* Minnesota Department of Transportation, St. Paul, Minnesota. May, 1995.
- Mind-Body Medicine and the Treatment of Colitis (with D. Kohen, MD).* Crohns and Colitis Foundation. St. Louis Park, Minnesota. April, 1996.
- Treating the Difficult Patient.* Grand Rounds at Fairview-University Medical Center. May, 1996.
- Consultation-Liaison Psychology in Medical Settings (with E. Snoxell, Ph.D.).* Annual Convention of the Minnesota Psychological Association. St. Paul, Minnesota. May, 1996.
- Chronic Pain and the Athlete.* Minneapolis Sports Medicine Center, Fairview University Medical Center. October, 1996.
- Mind-Body Medicine Consultation for the Clinical Psychologist.* Minnesota Psychological Association – First Friday Forum Series. March, 1997.

- Integrating Behavioral Medicine with Personality-Oriented Psychotherapy* (with P. Zelles, Ph.D.). Annual Convention of the Minnesota Psychological Association. Minneapolis, Minnesota. May, 1998.
- Hypnosis in Psychophysiological Disorders and Behavioral Medicine* (with T. Quinn, MD). Annual Workshops of the Minnesota Society of Clinical Hypnosis. St Paul, Minnesota. May, 1998.
- Understanding and Changing Psychophysiological Patterns*. National Wellness Conference. Stevens Point, Wisconsin. July, 1998.
- Treating the Mind-Body Interface: Applications in Primary Care, Hospital Consultation, and Psychotherapy Practice* (with J. Chabot Ph.D.). Continuing Education Workshop Series at the Annual Convention of the American Psychological Association. August, 1998 (in Chicago) and August 1999 (in San Francisco).
- Harnessing the Neurobiology of Healing*. At the Eighth International Conference of The Psychology of Health, Immunity and Disease. Sponsored by the National Institute for the Clinical Application of Behavioral Medicine. Hilton Head, South Carolina. December, 1998.
- Clinical Health Psychology Intervention in Craniofacial Pain Disorders*. University of Minnesota School of Dentistry, February 1999.
- The Transformative Power of Psychophysiological Patterns*. A one-day post-conference training workshop. At The Ninth International Conference of The Psychology of Health, Immunity and Disease. Sponsored by the National Institute for the Clinical Application of Behavioral Medicine. Hilton Head, South Carolina. May, 1999.
- Psychoneuroimmunology and the Treatment of Chronic Illness with Hypnosis*. Annual Scientific Meeting and Workshops of the Society of Clinical and Experimental Hypnosis. New Orleans, Louisiana. November, 1999.
- Mind-Body Medicine: A Comprehensive Certificate Training Workshop* (with J. Quinn Ph.D. RN and W. Sotile Ph.D.) A 3-day pre-conference training workshop. At The Tenth International Conference of The Psychology of Health, Immunity and Disease. Sponsored by the National Institute for the Clinical Application of Behavioral Medicine. Palm Springs, California. December 1999, and Hilton Head, South Carolina, March 2000
- Perspectives on Women's Health Care, and Treatment of Autoimmune Disorders*. Regional Workshops of the American Society of Clinical Hypnosis. Austin, Texas. October 2000.
- Guest Panelist on Treatment of Chronic Pain. On "Health Talk and U", television program on KTCA Channel 2, sponsored by University of Minnesota Medical School and Fairview-University Medical Center. February, 2001.

*Clinical Health Psychology Intervention in Temporomandibular Disorder and Other Pain Syndromes* (with A Clavel, MD, K Decker PT, and E Schiffman DDS) Minnesota Dental Association Annual Scientific Meeting and Workshops, April 2001.

*Why is Chronic Pain so Difficult to Treat? A Mind-Body Approach to Integrative Care.* Minnesota Psychological Association – First Friday Forum Series. June, 2001.

*Addressing Acute Pain, Anxiety, and Depression in Patients with Implantable Cardioverter Defibrillators (ICD).* Medtronic Corporation, July 2001.

*Treating Chronic Pain in the Chemical Dependency Treatment Setting: A Mind-Body Approach.* Hazelden Foundation. January, 2002.

*Developmental Perspectives on Mind-Body Medicine (with E. Baker, Ph.D.).* Annual Scientific Meeting and Workshops of the Society of Clinical and Experimental Hypnosis. Boston, Massachusetts. November, 2002.

*The Power of Mind/Body Medicine: A Comprehensive 2-day Certificate Training Workshop.* Thirteenth International Conference of The Psychology of Health, Immunity and Disease. Sponsored by the National Institute for the Clinical Application of Behavioral Medicine. Hilton Head, South Carolina. December, 2003.

*Guided Imagery, Brain Structure, and Stress Management.* Invited featured speaker at Annual Meeting and Retreat. Presented to the Veterans Administration Cooperative Studies Program, Clinical Research Pharmacy Coordinating Center, Albuquerque, New Mexico. January, 2004.

*Chronic Pain Diagnoses and Treatments: A Guide for Attorneys and Claims* Invited speaker at the Annual Meeting of the law firm of Hansen, Dordell, Bradt, Odlaug & Bradt. St. Paul, Minnesota. February, 2004.

*Understanding Psychoneuroimmunology and Chronic Illness.* Employee Lecture Series at Medtronic Corporation. February, 2004.

*Treating the Difficult Patient with Complex Mind/Body Problems (with M. Phillips, Ph.D.).* Day-long workshop presented at the Annual Scientific Meeting and Workshops of the American Society of Clinical Hypnosis. Anaheim, California. March, 2004.

*Consultant at the University of Texas at Austin, Student Health Center.* Hired to provide 5 days of consultation to psychologists, physicians, and other health staff at the Health Center (which provides health services to over 50,000 students). Trained clinical staff in Mind-Body medicine approaches, assisted in program development. Austin, Texas. May, 2004.



*Effective Treatment of Patients with Combined Chronic Pain and Trauma Conditions.* Invited training workshop. Annual Workshops in Clinical Hypnosis. Sponsored by the University of Minnesota Medical School and the Minnesota Society of Clinical Hypnosis. St. Paul, Minnesota, June, 2004.

*Applications of Mind-Body Medicine in a Community Hospital Setting* (with Al Clavel, M.D.). Grand Rounds presentation at North Hawaii Community Hospital in Waimea, Big Island, Hawaii, July 29, 2004.

*"Talking to the Brain": Understanding the role of the cerebral cortex, limbic system, and hypothalamic-pituitary-adrenal axis in behavior, emotion, and psychotherapy process.* First Friday Forum, sponsored by the Minnesota Psychological Association. St. Paul, Minnesota. September 24, 2004.

#### **ARTICLES WRITTEN ABOUT DR. WEISBERG**

Embracing the mind-body approach: Mark B. Weisberg co-owns a multidisciplinary clinic specializing in pain. *APA Monitor on Psychology* (April 2002), 33, (4), pg 69.

#### **MEMBERSHIP IN PROFESSIONAL ORGANIZATIONS**

Phi Beta Kappa

American Psychological Association

Minnesota Psychological Association

American Academy for the Study of Pain

Omicron Delta Kappa (national honorary leadership association)

Association for the Advancement of Psychology

Minnesota Society of Clinical Hypnosis (*President of this organization, 1999-2001*)

American Society of Clinical Hypnosis (*Member of the Executive Board of ASCH; Co-chair of 2002 Annual Conference, Advanced Workshops; Past member of the ASCH Board of Governors; Recipient of ASCH Presidential Award; Elected Fellow of ASCH*)

Society for Clinical and Experimental Hypnosis

American Pain Society

American Academy of Clinical Health Psychology

